



## 1. Duration of Matches

Year 1 – 4: 22 minutes (no halftime)

Year 5 – 8: 22 minutes (no halftime)

Year 9 – 13: 22 minutes (no halftime)

- The match time is managed by Southern Football staff in the control room.
- A hooter will sound for the start of the match and will sound again for the end of the match.
- Please have teams ready in the court **BEFORE** the hooter sounds for the start of the game.

## 2. Rolling Substitutions

- Each team starts with 5 players on the court. 4 outfield players and 1 goalkeeper
- Coaches can make as many subs as they like. Subs should be made quickly when the ball goes out of play. Gametime should be spread equally between all 8 players.

## 3. Safety and Infringements

- All players should wear shin guards.
- All players should wear suitable indoor shoes. Football boots or school shoes are not permitted.
- Players should not attempt slide tackles directly at other players. This is for their own safety and the safety of others. Sliding to block a shot at goal is ok.
- Direct and indirect free kicks can be awarded for foul play or handballs outside of the box.
- Penalties can be awarded for foul play or handballs inside the box.
- The referee can give yellow and red cards to players (without showing a physical card)
  - A yellow card is a warning.
  - A red card or second yellow card is an immediate send off. After 2 minutes of playing with 4 players, a substitute can replace the player who was sent off and bring the team back to 5 players. The player who received the red card cannot return to the court.
  - The referee may allow a forced substitution instead of the official red card punishment.

#### 4. General

- When the ball goes out of play, the ball is placed on the line and passed/kicked in. opposition players must be 2 metres from the ball.
- Players have 4 seconds to kick the ball into play from the side line.
- Goalkeepers have 4 seconds to throw or kick the ball from the goal line.
- When a goal is scored, the team who conceded the goal restarts play from the halfway mark.
- At kick off or when a goal is scored, the opposition team should be 3 metres away from the restart. The referee will show players the correct line.
- There are no offsides.

#### **Year 1-4 futsal:**

- No scores are taken.
- Rules will be flexible in these divisions and often looked past. Players are still learning the rules and often make mistakes. On top of refereeing, referees know to help these players learn instead of pulling them up for mistakes. A positive experience for these players is our priority and we ask you to support us with this.